

Look Inside For Our

5 HOUR
EARLY BIRD
SALE

SATURDAY ONLY
SEPTEMBER 13, 2025
7AM - 12 NOON
WHILE SUPPLIES LAST

Progresso
Soup or
Chowder

Selected Vtys.,
18.5 to 19-oz.
First 6 Please, All Others
At Everyday Low Price

128
ea.

Smart
Click

Save Time
SHOP ONLINE
SUPER1FOODS.net

FREE
CURBSIDE PICKUP

delivery now
available at
all locations

SIMPLY
LOW
PRICES

NO MEMBERSHIP REQUIRED!

Assorted
Bone-In
Pork Loin
Chops

188
lb.

5-lb. Bag

Russet
Potatoes
5-lb. Bag
Washington Grown
First 1 Please, All Others
At Everyday Low Price

78¢
ea.

Pasta Roni or
Rice-A-Roni
Side Dishes
Selected Vtys.,
4.6 to 7.2-oz.

98¢
ea.

Ad Effective Dates September 10 Thru 16, 2025

Prices Good At These Super 1 Stores					
Athol	30585 N Roberts Road • Athol, ID	(208) 209-3181	Columbia Falls	2100 9th St West • Columbia Falls, MT	(406) 892-9996
Bonnars Ferry	6452 Main Street • Bonners Ferry, ID	(208) 267-4000	Evergreen	1346 Highway 2 East • Kalispell, MT	(406) 752-3631
Coeur d'Alene	305 Kathleen • Coeur d'Alene, ID	(208) 765-2285	Great Falls	3160 10th Avenue South • Great Falls, MT	(406) 952-1120
Hayden	240 W Hayden • Hayden, ID	(208) 772-5722	Hamilton	1131 North 1st • Hamilton, MT	(406) 363-6200
Oldtown	86 Tank Rd • Oldtown, ID	(208) 437-5396	Helena	3120 Queen Anns Street • Helena, MT	(406) 442-2348
Post Falls	805 E Polston Avenue • Post Falls, ID	(208) 777-0607	Kalispell City Center	N 55 First East • Kalispell, MT	(406) 755-3144
Rathdrum	15837 N Westwood Drive • Rathdrum, ID	(208) 687-4480	Stevensville	39 Stevensville Cutoff Rd W • Stevensville, MT	(406) 777-7300
Sandpoint	624 Larch Street • Sandpoint, ID	(208) 255-2417	Whitefish	6475 US Highway 93 South • Whitefish, MT	(406) 862-2222

Super Low Prices Every Day



**Cheez-It
Snack
Crackers**
Selected Vtys.,
9 to 12.4-oz.

2⁹⁸
ea.



**Langers
Juice
Cocktail**
Selected Vtys., 64-oz.

1⁹⁸
ea.



**Fritos, Cheetos
or Smartfood
Snacks**
Selected Vtys.,
6.25 to 10-oz.

2⁹⁸
ea.



**Snack Pack
Pudding or
Gelatin Cups**
Selected Vtys., 4-ct.

88¢
ea.

★ Dairy & Frozen Savings ★



**Darigold
Cottage
Cheese**
Selected Vtys.,
24-oz.

2⁶⁸
ea.

**24-oz.
Package**

★ Deli Meat Savings ★



**Butterball
All Natural
Ground
Turkey**
85% Lean
16-oz. Package

3⁹⁸
ea.



**Blue Bunny
Ice Cream
Novelties**
Selected Vtys.,
6 to 9-ct., Frozen

2⁹⁸
ea.



**Gorton's
Frozen
Fish Sticks
or Fillets**
Selected Vtys.,
11 to 11.4-oz.

2⁹⁸
ea.



**Hi-Chew
Fruit
Candy**
Selected Vtys.,
3 to 3.5-oz.

1⁹⁸
ea.

★★★★★ Beverage Specials ★★★★★



**Corona, Pacifico
or Modelo
12-Pack Beer**
Selected Vtys.,
12/12-oz. Bottles or Cans

15⁹⁸
ea.



**Bud Light Family,
Michelob Ultra
or Kona
12-Pack Beer**
Selected Vtys.,
12/12-oz. Bottles or Cans

13⁹⁸
ea.



Coors 15-Pack Beer
Selected Vtys., 15/16-oz. Aluminum Pints

**Deschutes,
Bale Breaker or
Leinenkugel's
12-Pack Beer**
Selected Vtys.,
12/12-oz. Bottles or Cans

16⁹⁸
ea.



**Bogle
Wine**
Selected Vtys.,
750-ml.

7⁹⁸
ea.

★★★★★ Household Essentials ★★★★★



**Glad
ForceFlex
Trash Bags**
Selected Vtys.,
25 to 40-ct.

8⁹⁸
ea.



**Ziploc
Freezer or
Storage Bags**
Selected Vtys.,
28 to 48-ct.

5⁹⁸
ea.



**Tide
Laundry
Detergent**
Selected Vtys.,
25 to 42-ct. Pods
or 84-oz. Liquid

12⁹⁸
ea.



**One A Day
Dietary
Supplements**
Selected Vtys.,
65 to 80-ct.

9⁹⁸
ea.



**Lumify
Redness
Reliever
Eye Drops**
.08-oz.

12⁹⁸
ea.



**Crest
Toothpaste**
Selected Vtys.,
4.6 to 5.7-oz.

1⁹⁸
ea.

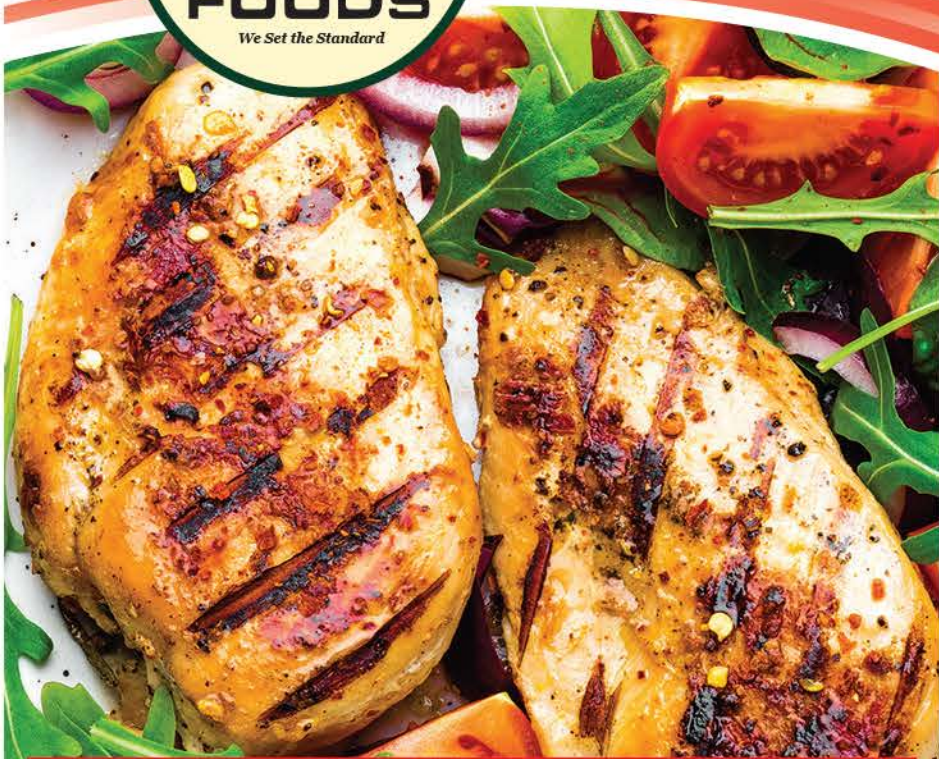


**Head &
Shoulders
Shampoo or
Conditioner**
Selected Vtys.,
10.9 to 12.5-oz.

4⁹⁸
ea.



Five Star Fresh Meats



Super Value Pack

**Fresh
Boneless
Skinless
Fryer Breasts**

2⁸⁸
lb.



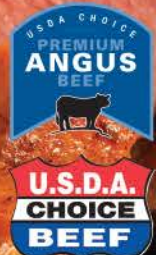
**Fresh
Bone-In Pork
Loin Roast**

1⁹⁸
lb.



**USDA
Choice
Premium
Angus
Beef
Boneless
Sirloin Tip
Roast**

5⁹⁸
lb.



**Wild
Alaskan
Artic Cod
Fillets**

7⁹⁸
lb.



★★★★★ Fresh Bakery Specials ★★★★★



**Fresh Baked
Butter
Croissants**
4-ct., 11-oz. Package

4⁴⁸
PKG



**Scratch Baked
Single Layer
Fudge Bomb
Cake**
8-Inch, 30-oz. Package

8⁹⁸
ea.



**Scratch Baked
Lunchbox
Oatmeal Raisin
Cookies**
24-ct., 24-oz. Package

5⁴⁸
PKG

★★★★★ Fresh Deli Savings ★★★★★



**Made
Deli Fresh!**

**Torpedo Sub
Sandwich**
Ham, Turkey or Roast Beef

5⁹⁸
ea.



**Sliced
Fresh to
Order!**

**Genoa or
Hard Salami**

8⁹⁸
lb.



**Hot &
Fresh!**

**Seasoned
Chicken Wings**

6⁹⁸
lb.

Farm Fresh Produce




Sweet & Crunchy Honeycrisp Apples
Washington Grown

First of the Season!

1.48 lb.



Autumn Variety Hard Squash
Washington Grown

78¢ lb.



Made in Sandpoint, Idaho!

Litehouse Original or Low Fat Caramel Dip
16-oz. Container

2.98 ea.



Fresh Cuts



Mary's Small Batch Assorted Hummus Dip
Selected Vtys., 10-oz.

2.98 ea.

Organic Seeds & Sprouts Natural



New Crop Organically Grown Red or Yellow Potatoes
3-lb. Bag, Washington Grown

2.98 ea.



Red, Ripe Organically Grown Grape Tomatoes
1-Pint Container

1.98 ea.



Fresh Picked Organically Grown Red or Black Plums

1.98 lb.



Brown Cow Cream Top Whole Milk Yogurt
Selected Vtys., 5.3-oz.

98¢ ea.



Melting Forest Sparkling Adaptogenic Drinks
Selected Vtys., 12-oz.

2/\$5



Boulder Canyon Kettle Style Potato Chips
Selected Vtys., 5 to 7-oz.

2/\$5

Specialty Foods



Tate's Bake Shop Gourmet Cookies
Selected Vtys., 7-oz.

3.98 ea.



DeCecco Imported Italian Pasta
Selected Vtys., 16-oz.

2.48 ea.



Desert Pepper Trading Company Salsa & Dip
Selected Vtys., 16-oz.

3.98 ea.